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Rep. Jared F. Golden (D-ME)

Served: House 2019–present Currently in office

House · Democrat (most recent term) · ME-2 · in Congress 2019–present · Bioguide ID G000592

Data current through 2026-10-19 (latest filing date seen in the official sources: 2026-10-16) · report last updated 2026-10-19. A report is rebuilt only when new or changed source data affects it; the site-wide source check date is on the Methodology page.

Party history: D 2019–present. Source: term data in unitedstates/congress-legislators (CC0); party shown is as recorded per term there.

Estimated net worth (from public disclosures)

Estimate	Report year	Low	Mid	High
(a) Estimated net worth before entering office (report year 2017)	2017	−$147,997	**−$71,500**	$4,998
(b) Latest net worth estimate	2025	−$477,991	**−$243,996**	−$10,002
(c) Estimated gain / loss, nominal dollars, 2017 → 2025 (8 years spanned)	2017–2025	−$482,989	**−$172,497**	+$137,995

Gain Low = latest Low − earliest High; Gain High = latest High − earliest Low (widest possible spread); Mid = latest Mid − earliest Mid.

Reliability flags (net worth): none for these two endpoints. **Included in the recommended dollar-gain ranking.**

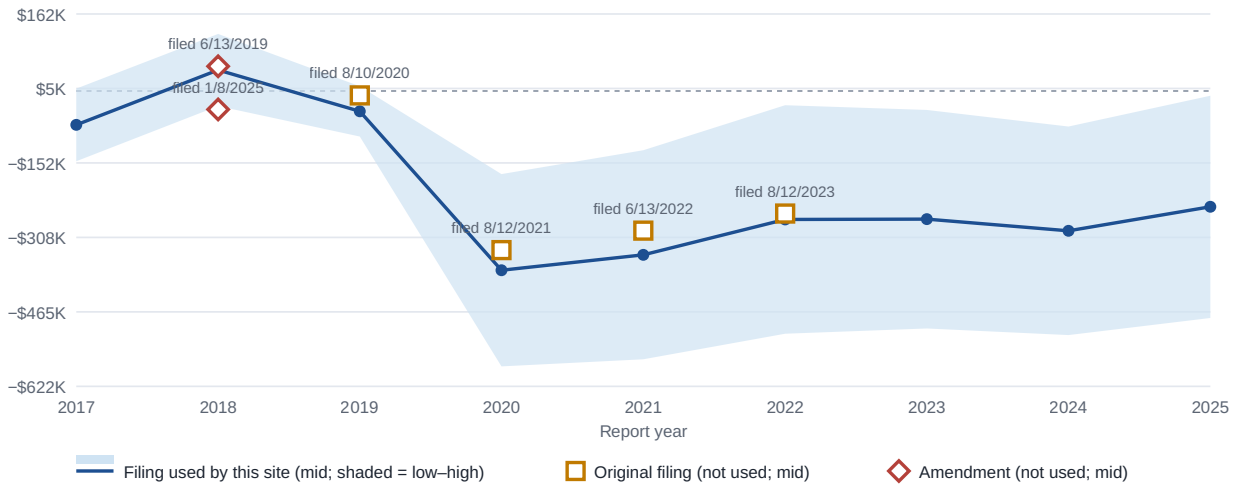
Net worth by report year (mid; Low–High)

Report year	Assets (mid)	Liabilities (mid)	Net worth mid	Low … High	Status / flags
2017	$48,502	$120,001	**−$71,500**	−$147,997 … $4,998	computed
2018	$89,002	$45,000	**$44,002**	−$31,995 … $119,999	computed
2019	$32,002	$75,000	**−$42,998**	−$95,996 … $9,999	computed
2020	$72,503	$450,001	**−$377,498**	−$579,994 … −$175,002	computed
2021	$105,004	$450,001	**−$344,998**	−$564,993 … −$125,002	computed
2022	$137,006	$407,501	**−$270,496**	−$510,989 … −$30,002	computed

2023	$137,504	$407,501	**−$269,997**	−$499,992 … −$40,002	computed
2024	$113,004	$407,501	**−$294,497**	−$513,992 … −$75,002	computed
2025	$163,504	$407,501	**−$243,996**	−$477,991 … −$10,002	computed

- **What this is:** Net worth = Schedule A assets (each value range at its midpoint; low–high range shown) minus Schedule D liabilities (midpoints / ranges). **Low** = assets at range floors minus liabilities at range ceilings; **Mid** = midpoints; **High** = assets at ceilings minus liabilities at floors. Low and High are outer bounds of the reported ranges, not likely outcomes.
- **What it excludes / understates:** exact values (only ranges are reported); a **personal residence is not reported as an asset** (although a mortgage on it may be listed as a liability, which then lowers the estimate); retirement and federal accounts (e.g. Thrift Savings Plan, defined-benefit pensions) are only partly or not reported; assets of excepted/blind trusts, cash held below reporting thresholds, vehicles, household goods and most spouse/dependent items exempt from reporting are not included; liabilities on a personal residence, revolving credit under thresholds and loans to family may be omitted by filers.
- **Open-ended top ranges** (e.g. "Over $50,000,000") are counted at their **lower bound** and flagged, so such values are understated.
- The change is a change in **estimated net worth in nominal dollars** (no inflation adjustment). It includes salary, gifts, inheritances, business income and re-valuation as well as investment results, and it is subject to range-bracket noise; it is **not** an investment return and implies nothing about conduct.

Net worth by filing (every annual report and amendment)



Report year	DocID	Filed	Type	Net worth low … high (mid)	Used by this site	Note
2017	10063194	1/8/2025	Amendment	−$147,997 … $4,998 (−$71,500)	yes	
2018	10028361	6/13/2019	Amendment	−$30,994 … $134,999 ($52,002)	no	
2018	10063195	1/8/2025	Amendment	−$31,995 … $119,999 ($44,002)	yes	
2018	10063196	1/8/2025	Amendment	−$97,997 … $19,999 (−$38,999)	no	
2019	10037632	8/10/2020	Original	−$80,993 … $61,999 (−$9,497)	no	

2019	10063013	1/8/2025	Amendment	−$95,996 … $9,999 (−$42,998)	yes
2020	10040169	8/12/2021	Original	−$579,993 … −$90,003 (−$334,998)	no
2020	10063012	1/8/2025	Amendment	−$579,994 … −$175,002 (−$377,498)	yes
2021	10044917	6/13/2022	Original	−$563,990 … −$24,003 (−$293,996)	no
2021	10063011	1/8/2025	Amendment	−$564,993 … −$125,002 (−$344,998)	yes
2022	10055617	8/12/2023	Original	−$561,987 … $45,997 (−$257,995)	no
2022	10063010	1/8/2025	Amendment	−$510,989 … −$30,002 (−$270,496)	yes
2023	10057089	8/13/2024	Original	−$499,992 … −$40,002 (−$269,997)	yes
2024	10066167	8/13/2025	Original	−$513,992 … −$75,002 (−$294,497)	yes
2025	10074766	8/13/2026	Original	−$477,991 … −$10,002 (−$243,996)	yes

Every annual report and amendment on record for this member is listed. Net worth is computed for each filing with the same rules as above. For each report year the site uses one filing (the most recently filed one whose Schedule A is at least 40% as long as the longest filing for that year; electronic filings take precedence over scanned ones); the others are shown for comparison only and do not affect any figure or ranking. Scanned (image-only) filings are listed but not computed. Senate paper reports are not listed.

Read this first. Members report asset values only as *ranges* (e.g. "$15,001 – $50,000"), never exact dollars. Every figure below is an **estimate** computed from range midpoints, not a measured return. Figures cannot be interpreted as investment performance, and they do not show wrongdoing or skill. Methodology and limitations are at the end and in the project README. Sources: public financial disclosure reports filed with the Clerk of the U.S. House of Representatives and/or the Secretary of the Senate (Senate eFD), linked below.

AVG. ANNUAL CHANGE (GEOMETRIC, EST.)
+10.6%

SIMPLE AVERAGE OF YEARS
+17.3%

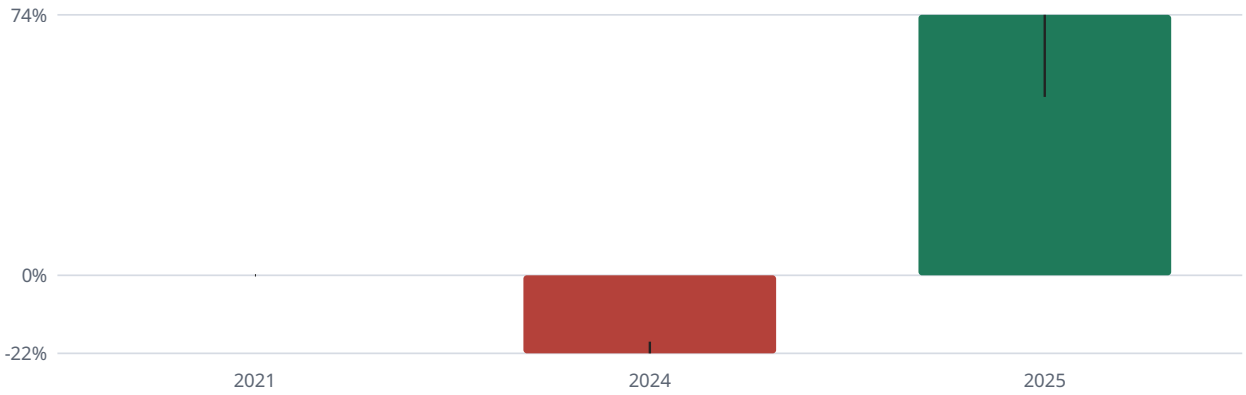
YEARS ESTIMATED
3

BEST / WORST SINGLE YEAR
2025 +74%
2024 -22%

Reliability flags: few years (3); 1 year(s) driven by income/one position/range artefact.

Sensitivity band for the average (all ranges at floor vs. all at ceiling, same holdings both years): +26.3% to +6.9%. This band is narrow because it moves both years together; the true uncertainty is larger — see the per-year "strict envelope" column and the limitations.

Estimated year-over-year change



Bars: midpoint estimate; whisker: same-position floor/ceiling band. Axis clipped to −100%…+150%. Years with insufficient traceable holdings are omitted.

Year (t−1 → t)	Opening value (mid)	Closing value (mid)	Income (mid)	Buys (mid)	Sales (mid)	Est. gain	Same-position band	Strict envelope	Traced coverage	Status / flags
2017→2018	$0	$0	$0	$0	$0	n/a	n/a … n/a	n/a … n/a	0%	excluded; not eligible: traced prior-year value below $50,000
2018→2019	$16,001	$16,001	$0	$0	$0	+0.0%	+0.0% … +0.0%	-175% … +175%	18%	excluded; not eligible: traced prior-year value below $50,000

2019→2020	$24,002	$24,002	$0	$0	$0	+0.0%	+0.0% … +0.0%	-175% … +175%	75%	excluded; not eligible: traced prior-year value below $50,000
2020→2021	$72,503	$72,503	$0	$0	$0	+0.0%	+0.0% … +0.0%	-145% … +145%	100%	counted
2021→2022	$40,501	$16,001	$0	$0	$0	-60.5%	-87.5% … -53.8%	-156% … +35%	39%	excluded; not eligible: traced prior-year value below $50,000
2022→2023	$72,503	$97,003	$600	$0	$0	+34.6%	+28.8% … +71.0%	-125% … +194%	53%	excluded; not eligible: traced coverage 53% < 60%
2023→2024	$105,004	$80,504	$1,201	$0	$0	-22.2%	-38.8% … -18.9%	-146% … +102%	76%	counted
2024→2025	$80,504	$147,504	$600	$8,000	$0	+74.0%	+50.7% … +229.4%	-105% … +253%	71%	counted; single position drives the result (range jump)

Filings used

Each annual-report year uses one filing (most recently filed version among originals/amendments whose Schedule A row count is ≥ 40% of the largest). Electronic (text) PDFs are parsed. Scanned/image-only filings are OCR-read and used **only** if they pass the explicit validation gates described in the project README (value/income coverage, two-engine agreement, exact bracket snapping, page completeness, year-to-year position continuity); such years are labelled **OCR-derived** below. Scanned filings that fail validation are listed as "insufficient data – scanned".

Report year	Doc ID	Type	Filed	Schedule A rows	Rows with unparsed value	Source (official filing) / SHA-256
2017	10063194	House amendment	1/8/2025	5	0	10063194.pdf 8160cb646fb635c140d3c3745c365704ecf97136b5765128fbde5f0fe7e8d909
2018	10063195	House amendment	1/8/2025	7	0	10063195.pdf 45ae6a9b43856c453bbbbb200c46a5359b311efb97ccedccb0a6fcfd3c11f3f0
2019	10063013	House amendment	1/8/2025	6	0	10063013.pdf c628c11b3d5c15db08436e69787ce86fc4918c0cf457f3688b66f5e582bc5dc7
2020	10063012	House amendment	1/8/2025	8	0	10063012.pdf fbbdb256849b72b3ebfff4365e77cc5630e934501b3466145a434ddfa999f2ac
2021	10063011	House amendment	1/8/2025	9	0	10063011.pdf c3eeca7bc8a1b2d1c1efe8177c23425256a77adbfe1086e1efe1aacdb17c28de
2022	10063010	House amendment	1/8/2025	13	0	10063010.pdf f29ed09fc125a5a14bcba8542ba1c4c7cb3925174e5fac639e89c5933c7366c9
2023	10057089	House annual	8/13/2024	9	0	10057089.pdf 3943c5ad68c621e4633e3e1efc32ffca33f0901383ae4db73c04fef0fb7173c1
2024	10066167	House annual	8/13/2025	10	0	10066167.pdf f93763b571ce21b4e0a0e99c0bf93879872ac53dfe56be18a1ab3e57478ab75d
2025	10074766	House annual	8/13/2026	12	0	10074766.pdf db1687954e0da3afd82baaaa94b412124159821b5058afe8607bac60f44bd0a4

Largest movers 2020→2021

Position (as written in filing)	Owner	Kind	Opening range(s)	Closing range(s)	Buys (mid)	Sales (mid)
TD Bank Checking Account [BA]	JT	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Vanguard - Roth IRA ⇒ Vanguard Target Retirement 2055 Fund (VFFVX) [MF]	SP	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Maine Family Credit Union Savings [BA]	SP	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
USAA Checking Account [BA]	—	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Maine Family Credit Union Money Market Account [BA]	JT	held	$15,001 - $50,000	$15,001 - $50,000	$0	$0
Maine Family Credit Union Checking [BA]	SP	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0

Largest movers 2023→2024

Position (as written in filing)	Owner	Kind	Opening range(s)	Closing range(s)	Buys (mid)	Sales (mid)
Maine Family Federal Credit Union [BA]	SP	held	$15,001 - $50,000	$1,001 - $15,000	$0	$0
TD Bank - Checking [BA]	JT	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Vanguard - Roth IRA ⇒ Vanguard Target Retirement 2055 Fund (VFFVX) [MF]	SP	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Merrill Lynch - 529 Plan ⇒ BlackRock 2038 Enroll D [5F]	—	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
USAA - Checking & Savings [BA]	—	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
USAA CD [BA]	—	held	$15,001 - $50,000	$15,001 - $50,000	$0	$0
Camden National Savings [BA]	SP	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0

Largest movers 2024→2025

Position (as written in filing)	Owner	Kind	Opening range(s)	Closing range(s)	Buys (mid)	Sales (mid)
Norman, Hanson & Detroy 401(k) Profit Sharing Plan ⇒ Vanguard Target Retirement 2055 Fund	SP	new	—	$50,001 - $100,000	$8,000	$0
USAA CD [BA]	—	held	$15,001 - $50,000	None	$0	$0
USAA - Checking & Savings [BA]	—	held	$1,001 - $15,000	$15,001 - $50,000	$0	$0
TD Bank - Checking [BA]	JT	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Vanguard - Roth IRA ⇒ Vanguard Target Retirement 2055 Fund (VFFVX) [MF]	SP	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Merrill Lynch - 529 Plan ⇒ BlackRock 2038 Enroll D [5F]	—	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Maine Family Federal Credit Union [BA]	SP	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0
Camden National Savings [BA]	SP	held	$1,001 - $15,000	$1,001 - $15,000	$0	$0

Method (summary)

1. Schedule A asset rows are read from each annual report; the dollar range for each row is converted to its midpoint. Open-ended top ranges (“Over $50,000,000”) are excluded from the traced set and counted as a coverage loss.
2. Positions are matched year to year by owner code (self/SP/DC/JT) + normalised asset name. A position that appears only in year t is included only if Schedule B shows a purchase of it in year t (opening value 0); a position that disappears is included only if Schedule B shows a sale (closing value 0). Otherwise it is excluded as unexplained.
3. Estimated gain = (closing − opening + reported income − purchases + sale proceeds) ÷ opening, all at midpoints, for the traced positions. “Capital gains” income is not added again (it is already in value change and sale proceeds).
4. A year counts only if traced opening value ≥ $50,000 and traced coverage ≥ 60% of the opening midpoint. A member is ranked only with ≥ 3 such years (exactly 2 = “limited data”, shown but unranked). Average = geometric mean of (1+yearly estimate).

Limitations

- Ranges are wide (up to a factor of 5 or more, and up to $50M+ open-ended); a holding can move between ranges without any real change in value, and stay in a range while moving materially. Yearly estimates are

therefore noisy; the “strict envelope” shows the mathematical worst/best case and is typically wider than ±100%.

- Purchases and sales are only disclosed as ranges and only for transactions over $1,000; partial sales, dividend reinvestment, spousal/dependent accounts and retirement-plan funds are reported inconsistently. Excepted/blind trusts, personal residences and certain pensions are not reported at all.
- Filers sometimes change how they list assets (e.g. listing a brokerage account vs. its individual holdings), which can make positions untraceable across years; these are excluded rather than guessed.
- Asset values in an annual report are as of Dec 31 of the reporting year; the report year t–1→t covers that calendar year. Late or amended filings are used when filed; extensions can delay them.
- The text of these reports is machine-parsed from PDFs; parse errors are possible. Every number links back to the cited filing. This is not investment advice.
- Use of these filings is restricted by 5 U.S.C. § 105(c) (no unlawful, commercial or credit-rating purpose, and none for solicitation of money).

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Figures are estimates derived from value ranges reported in public financial disclosures; they are not exact values and are not financial advice.